

Cross-country skiing in Valle Isarco/Eisacktal





Do you like to go **cross-country skiing**? Are you ambitious, dynamic and athletic? Or calm, peaceful, and tend to enjoy the pleasure and enjoyment of the magnificent views from the tracks?

In the Valle Isarco, between Lajen/Laion and Colle Isarco, there are no less than **20 tracks**. The highest is situated at 2000 m, with a height difference of 300 m. The total length of all the Isarco Valley tracks is 240 km. All are meticulously groomed, have beautiful views and guaranteed snow.

Cross-country skiing in Valle Isarco:

Vipiteno/Sterzing and environs

VIPITENO/STERZING

- **Val di Vizze/Pfitschtal circuit** starting from Caminata/Kematen (1.400 m), **20 km**  
- **Circuit** starting from Caminata/Kematen (1.400 m), **5 km**  

COLLE ISARCO/GOSSENSASS

- **Silbertal track** starting from Ladurns (1.150 m), **9 km** ●🚶
- **Erl circuit** at S. Antonio/St. Anton-Val di Fleres/Pflerschtal (1.250 m), **5 km** ●●●🚶

RACINES/RATSCHINGS

- **Circuit between Ridanna/Ridnaun** (1.350 m) **and Masseria/Maiern**, **20 km** ●-●●●🚶
- **Cross-country track from Racines di Dentro/Innerratschings** (1.350 m) **to Flading**, **12 km** ●🚶
- **High cross-country track panoramic track Platschjoch**, **16 km** ●🚶

Holiday area Gitschberg Jochtal

RIO DI PUSTERIA/MÜHLBACH-VALLES/VALS

- **Valles circuit** close to the Jochtal valley station (1.350 m), **7 km** ●●🚶

MARANZA/MERANSEN/VANDOIES-FUNDRES/VINTL-PFUNDERERTAL

- **Cross-country track "Lobenweg" to the Bacher refuge** **8 km** from the Altafossa/Altfasstal parking area (1.556 m) ●
- **Fundres circuit** **3 km** ●●●

RODENGO/RODENECK

- **Cross country track at the Rodengo Alps** starting from Zumis parking area (1.725 m), **15 km** ●🚶
Connection to the Round-Cross country track Rodengo Alps

Bressanone/Brixen and environs

BRESSANONE/BRIXEN

- **Plancios/Palmschoß-Passo Erbe/Würzjoch Pass** starting from the Schnatzengraben parking area (1.600 m), **8 km** ●●🚶

LUSON/LÜSEN

- **Circuit at the Luson/Lüsner Alps** starting from the Tulper Gampis parking area (1.800 m), **7,5 km** ●●●
- **Petschied circuit** at Luson di Dentro/Hinterlügen near the sports field (1.000m), **3 km** ●
illuminated on Wednesday from 7 p.m. to 10 p.m.

Chiusa/Klausen and environs

LAION/LAJEN

- **Circuit starting at Förstner** (1.000 m), **6 km** ●

VILLANDRO/VILLANDERS

- **Circuit at the Villanderer Alm/Alpe di Villandro** starting from Gasserhütte (1.750 m), **2,5 km** ●●🛷

Val di Funes/Villnösser Tal valley

- **Passo delle Erbe/Würzjoch track** starting at Croce Russis/Russis Kreuz, **18 km** ●●🛷
- **Zannes/Zanser circuit** starting at Zannes/Zanser pasture, **4 km** ●●🛷
- **Cross-country centre Passo delle Erbe/Würzjoch**, **7 km** ●●●🛷

Symbols

●	easy
●●	medium-easy
●●●	medium
●●●●	medium-difficult
●●●●●	difficult
🛷	skating